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## **NOT ALL EYES AND EARS**

It is a mistake for new users of hearing instruments to think that they will immediately restore their hearing to a natural level much in the way that prescription eyeglass lenses correct a refractive error. While glasses correct vision instantly and to near-perfection, a hearing instrument requires a period of adjustment on the part of the user. It takes time, practice, and experience for the ears and the brain to get used to the new sounds produced by the hearing instrument. In fact, according to most hearing specialists and audiologists, it takes up to six months for the majority of new users (depending on the severity of the hearing loss) to adjust to their new sense of hearing.

### **TIP OF THE WEEK**

Two factors that really help make a successful experience with hearing instruments are realistic expectations and motivation to want to be able to improve communication abilities.

*P.S. It helps to get used to your new hearing instrument in stages rather than to struggle with wearing one for overly long periods of time.*

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