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## **EARLY SIGNS OF HEARING LOSS**

Because hearing loss can be subtle and gradual, those with impaired hearing don't always recognize that they have a hearing problem. Here are some questions that may help you identify a hearing impairment that may be compromising the quality of your life: Do you automatically draw close to conversation partners in anticipation that you can only hear what they have to say if they are standing or sitting very close to you? Do you automatically tilt your head when talking to others in an effort to put your best ear forward? Lastly, do you often ask people to repeat their words or speak louder? A "yes" answer to one or more questions should prompt you to get a hearing test.

### **TIP OF THE WEEK**

Untreated hearing loss can significantly affect overall quality of life. When using hearing devices, the hearing abilities are not restoring hearing to normal, but improving communication abilities, which will improve overall quality of life.

*P.S. The only way to confirm the type, degree, and configuration of a hearing loss is by undergoing a hearing test.*

AA-36