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DIABETES HEARING LOSS

While nerve damage (neuropathy) associated with diabetes is commonly concerned with the hands and feet, hearing loss can be another complication of uncontrolled diabetes. Research indicates that people with uncontrolled type-1 or type-2 diabetes are twice as likely as other individuals to experience hearing loss. It seems that diabetes affects hearing in a number of ways, beginning with rising blood sugar levels contributing to a breakdown in the nerves in the ears, similar to the way that it causes tingling and other symptoms in the fingertips and toes. The problem is that diabetics are not always aware that they suffer from hearing impairment as readily as they realize that the nerves in their fingers and toes are affected.

TIP OF THE WEEK

Regardless of whether you experience diabetes, have a comprehensive hearing evaluation performed to monitor your hearing abilities.

P.S. It may be a good idea for people with any form of diabetes to have their hearing tested.

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